

Club Hours:

Mon-Thurs 5:00AM-12:00AM

Fri 5:00AM-10:00PM

Sat 8:00AM-7:00PM

Sun 9:00AM-7:00PM

# TRU·FIT

ATHLETIC CLUBS

## WESLACO CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>5:15 AM</u> TRU GRIT PATTY		<u>5:15 AM</u> TRU GRIT PATTY		<u>5:15 AM</u> TRU GRIT PATTY	
<u>5:15 AM</u> CYCLING JAVIER	<u>5:15 AM</u> CYCLING NORA	<u>5:15 AM</u> CYCLING JAVIER	<u>5:15 AM</u> CYCLING NORA	<u>5:15 AM</u> CYCLING NORA	
<u>8:45 AM</u> TRU GRIT ISABEL	<u>8:45 AM</u> ZUMBA DENISE	<u>8:45 AM</u> TRU GRIT ISABEL	<u>8:45 AM</u> ZUMBA ANA	<u>8:45 PM</u> TRU GRIT ISABEL	<u>9:00 AM</u> KICKBOXING ISABEL
<u>8:45 AM</u> CYCLING MAGGIE	<u>8:45 AM</u> CYCLING DANA	<u>8:45 AM</u> CYCLING DANA	<u>8:45 AM</u> CYCLING DANA	<u>8:45 AM</u> CYCLING MAGGIE	<u>9:00 AM</u> CYCLING DANA / ANGELA
<u>9:45 AM</u> ZUMBA ISRAEL	<u>9:45 AM</u> HIIT ISABEL	<u>9:45 AM</u> ZUMBA ANA	<u>9:45 AM</u> STRONG BY ZUMBA STACEY	<u>9:45 AM</u> ZUMBA ISRAEL	
<u>9:45 AM</u> CYCLING DANA	<u>9:45 AM</u> CYCLING NORA	<u>9:45 AM</u> CYCLING MAGGIE	<u>9:45 AM</u> CYCLING NORA	<u>9:45 AM</u> CYCLING DANA	<b>SUNDAY</b> <b>2:15 PM</b>
<u>5:45 PM</u> KICKBOXING ISABEL	<u>5:45 PM</u> HIIT ISABEL	<u>5:45 PM</u> STEP & TONE ISABEL	<u>5:45 PM</u> HIIT ISABEL	<u>5:45 PM</u> ZUMBA ANA	CYCLING  NORA
<u>5:45 PM</u> CYCLING MICHELLE	<u>5:45 PM</u> CYCLING ANGELA	<u>5:45 PM</u> CYCLING NORA	<u>5:45 PM</u> CYCLING ANGELA	<u>5:45 PM</u> CYCLING MARISSA	
<u>6:45 PM</u> STEP & TONE ISABEL	<u>6:45 PM</u> TRU GRIT ISABEL	<u>6:45 PM</u> KICKBOXING ISABEL	<u>6:45 PM</u> TRU GRIT ISABEL	<b>Fun Center Hours:</b> Monday-Thursday 8:00AM-1:00PM / 4:00PM-9:00PM  Friday 8:00AM-1:00PM / 4:00PM-8:00PM  Saturday 8:00AM-12:00PM  Sunday 2:00PM-5:00PM	
<u>6:45 PM</u> CYCLING JENNY	<u>6:45 PM</u> CYCLING MAGGIE	<u>6:45 PM</u> CYCLING JENNY	<u>6:45 PM</u> CYCLING MARISSA		
<u>7:45 PM</u> ZUMBA DENISE	<u>7:45 PM</u> ZUMBA TONY	<u>7:45 PM</u> ZUMBA ISRAEL	<u>7:45 PM</u> ZUMBA TONY		